

LAZY CRAZY DAYS

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Music: "Those Lazy Crazy Hazy Days of Summer" Nat King Cole - Download from buymusic.com

Rhythm/Phase Quickstep 6

Released: July 2006

Sequence: Intro, A, B, A Mod, C, B, A Mod, Ending

INTRO

1-3 CONTRA CHK; REC; SWITCH:

- 1 'Roll' **{Contra Chk}** CP/DRC Commence LF upper body trn with strong R sd lead chk fwd L,-,-;
- 2 'Out' **{Rec}** Rec R commence strong RF trn leaving L foot almost in place,-,-;
- 3 'Those' **{Switch}** Continue strong RF trn rec L to face DW,-,-;

PART A

1-4 TIPPLE CHASSE; ,, BK LK; BK,, TIPPLE CHASSE,-;

- SQQ 1 **{Tipple Chasse}** Fwd R commence RF trn, -, sd L DW with R sd stretch, cl R;
- SQQ 2 Sd L trn body to R shld bk,-, **{Bk Lk Bk}** bk R, lk LIF of R;
- SS 3 Bk R,- **{Tipple Chasse}** bk L commence RF trn,-;
- QQS 4 Sd R fc DC with L sd stretch, cl L, sd R trn body to L shld lead,-;

5-8 FWD LK FWD,-; FC,, SD CL; PT,, ROLL 3 to BJO;;

- QQS 5 **{Fwd Lk Fwd}** Fwd L, lk RIB of L, fwd L,-;
- SQQ 6 **{Fc Sd Cl}** Fwd R trng RF to fc WALL,-, sd L, cl R to L;
- SSSS 7-8 **{Pt,-, Roll 3 to BJO}** Pt L to sd,-, commence LF roll to BJO/DW L,-; R,-, L,-;

9-12 MANUV,, SD CL; SPN TRN OVERTRND,, to SKIP LKS & HOP;;

- SQQ 9 **{Manuv Sd Cl}** Fwd R outsd ptr trng RF,-, cont trn to fc RLOD & ptr sd L, cl R;
- SS 10 **{Spin Trn Overtrnd}** Comm RF trn bk L pvtg ½ RF fc LOD,-, fwd R between W's ft cont trn,-;
- SQQ 11 Recover sd & bk L fc DRW,-, **{Skip Lks & Hop}** bk R w/lift, lk LIF;
- QQS& 12 Bk R w/lift, lk LIF, bk R w/hop,-;

13-16 OUTSIDE CHG SCP; THRU CHASSE SCP; ,, THRU; TIPSYPHOLD;

- SQQ 13 **{Outsd Chg SCP}** Bk L,-, bk R trng LF, sd & fwd L to SCP/LOD (W Fwd R,-, fwd L, fwd R to SCP/LOD);
- SQQ 14 **{Thru Chasse SCP}** Thru R,-, sd L, cl R to L (W Thru L,-, sd R, cl L to R);
- SS 15 Sd L to SCP/LOD,-, **{Thru Tippy Phold}** thru R commence RF trn in front of W,- (W thru L,-);
- QQ - 16 Sd L to CP/DRW, tap toe of RIB of L with strong R side stretch, hold (W Sd R, tap toe LIB of R, hold,-);

PART B

1-6 V-6;; MANUV,, SD CL; OP IMP ~ QK OPEN REVERSE;;

- QQS 1 **{V-6}** With R side lead bk R [with R sd stretch], lk LIF of R, bk R,-;
- SQQ 2 Bk L [with R sd stretch],-, bk R trng LF [no sway], sd & fwd L [with L sd stretch];
- SQQ 3 **{Manuv Sd Cl}** Fwd R outsd ptr trng RF,-, cont trn to fc RLOD & ptr sd L, cl R;
- SS 4 **{Op Imp}** Comm RF trn bk L,-, cl R to L heel trn,- (W fwd R,-, sd & fwd L trn RF,-);
- SS 5 Cont body trn RF sd & fwd L to SCP/DC,-, (W sd & fwd R to SCP/DC,-) **{Qk Op Rev}** thru R,- (W thru L commence LF trn blending to CP,-);
- SQQ 6 Fwd L commence to trn LF,-, sd & bk R cont trn, bk L with R sd stretch to BJO/DRC;

7-8 REVERSE CORTE; ,, STP BK;

- SS 7 **{Rev Corte Stp Bk}** Bk R trng LF,-, continue LF trn on R [with L sd stretch],- (W Fwd L,-, fwd R trng LF,-);
- SS 8 Continuing LF trn to BJO tch L to R [with L sd stretch],-, (W cl L to R to BJO,-) bk L,-;

9-12 RUNNING BK LKS;; BK HOVER to SCP; ,, PU;

- QQQQ 9 **{Running Bk Lks}** Bk R, lk LIF of R, bk R, bk L;
- QQS 10 Bk R, lk LIF of R, bk R,-;
- SS 11 **{Bk Hvr to SCP}** Bk L,-, sd & bk R slight rise,-(W Fwd R,-, sd & fwd L trng RF,-);
- SS 12 Rec fwd L,-, (W Rec fwd R,-) **{PU}** thru R picking up W to CP,-;

13-16 MINI TELESPIN;; ,, CONTRA CHK & SWITCH;;

- SS 13 **{Mini Telespin}** Fwd L commence to trn LF,-, sd R trng 3/8 LF between steps 1 & 2, (W Bk R commence to trn LF,-, L ft closes to R heel trn trng 1/2 LF between stps 1 & 2,-);

- S 14 Bk & sd L no wt light pressure inside edge of toe keeping L sd in to W, trn body LF no wt to lead W to CP (QQS) commencing spin LF,-, fwd L continue LF spin on L drawing R to L under body,- (W Fwd R keeping R sd to M, fwd L trng LF twd ptr, fwd R to CP keeping head to L spinning LF,-);
- SS 15 CI R to L CP/DRC,-, **{Contra Chk & Switch}** Comm LF upper body trn with strong R sd lead chk fwd L,-;
- SS 16 Rec R comm strong RF trn leaving L foot almost in place,-, continue strong RF trn rec L to face DW,-;

PART A MODIFIED**1-4 TIPPLE CHASSE; ,, BK LK; BK,, TIPPLE CHASSE,-;;****5-8 FWD LK FWD,-; FC,, SD CL; PT,, ROLL 3 to BJO;;****9-12 MANUV,, SD CL; SPN TRN OVERTRND;,, to SKIP LKS & HOP;;****13-16 OUTSIDE CHG SCP; PU LK; CLSD TELE ~ STP FWD;;;**

- SQQ 14 **{PU Lk}** Fwd R DW,-, with LF trn fwd L with L sd stretch to pickup W, lk RIB of L fc DC;
- SS 15 **{Clsd Tele}** Fwd L start LF trn,-, sd R arnd W cont trn (W cl L to R heel trn,-);
- SS 16 Fwd L to BJO/DW,-, **{Stp Fwd}** fwd R,-;

PART C**1-4 RUNNING FWD LKS;; MANUV,, SD CL; begin PVT to HAIRPIN;**

- QQQQ 1 **{Running Fwd Lks}** Fwd L, lk RIB of L, fwd L, fwd R;
- QQS 2 Fwd L, lk RIB of L, fwd L, -;
- SQQ 3 **{Manuv Sd Cl}** Fwd R outsd ptr trng RF,-, cont trn to fc RLOD & ptr sd L, cl R;
- SS 4 **{Pvt to Hairpin}** Bk L pvtg 1/2 RF,-, fwd R,-;

5-8 cont PVT to HAIRPIN ~ PVT TO RUMBA X;; OP IMP ~ STP THRU;;

- QQS 5 Fwd L strong curve to R [with L sd stretch], fwd R outsd ptr chkg on toe in BJO/DRW [with L sd stretch], **{Pvt to Rumba X}** Bk L pvtg 1/2 RF,-;
- SQQ 6 Fwd R pvtg RF,-, sd & fwd L with L shld leadg [with L sd stretch], cross RIB of L trng RF on toes;
- SS 7 **{Op Imp ~ Stp Thru}** Comm RF trn bk L, -, cl R to L heel trn,- (W fwd R,-, sd & fwd L trn RF,-,);
- SS 8 Cont body trn RF sd & fwd L to SCP/LOD,-, (W sd & fwd R to SCP/LOD,-) thru R,-;

9-12 CHASSE 4; SCOOP TO BJO; FISHTAIL; FWD LK FWD;

- QQQQ 9 **{Chasse 4}** Blendg to CP/WALL with R sd stretch sd L, cl R to L, sd L, cl R to L;
- SS 10 **{Scoop to BJO}** Slide L with L sd stretch [long sd stp],-, with L sd stretch cl R to L trng LF to BJO,-;
- QQQQ 11 **{Fishtail}** XLIB of R, trn body RF to stp sd R, cont RF body trn fwd L to BJO, lk RIB of L;
- QQS 12 **{Fwd Lk Fwd}** Fwd L, lk RIB of L, fwd L,-;

13-16 MANUV,, SD CL; OP IMP ~ STP THRU;; to TIPSYP PT & HOLD;

- SQQ 13 **{Manuv Sd Cl}** Fwd R outsd ptr trng RF,-, cont trn to fc RLOD & ptr sd L, cl R;
- SS 14 **{Op Imp}** Comm RF trn bk L,-, cl R to L heel trn,- (W fwd R,-, sd & fwd L trn RF,-);
- SS 15 Cont body trn RF sd & fwd L to SCP/LOD,-, (W sd & fwd R to SCP/LOD,-) **{Thru Tipsy Pt Hold}** thru R commence RF trn in front of W,- (W thru L,-);
- QQ- 16 Repeat Meas 16 Pt A

Repeat Pt B**Repeat Pt A Mod****ENDING****1-3 RUNNING FWD LKS;; MANUV,, SD CL;**

- 1-3 Repeat Pt C measures 1-3;;;

4-6 PVT to HAIRPIN ~ OP IMP;;;

- SS 4 **{Pvt to Hairpin}** Repeat meas 4 Pt C;
- QQS 5 Repeat 1st half of meas 5 Pt C,-, **{Op Imp}** comm RF trn bk L,-;
- SS 6 CI R to L heel trn,-, cont body trn RF sd & fwd L to SCP/LOD,- (W sd & fwd L trn RF,-, sd & fwd R to SCP/LOD,-);

7-8 STP THRU,, DBL CHASSE & PT;;

- SQQ 7 Thru R,-, fc ptr/WALL sd L, cl R;
- QQS 8 Sd L, cl R, pt L LOD look LOD,-;